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# GLASGOW CARE FOUNDATION

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**“A helping hand, not a handout”**



## **GCF helped make a house into a home**

**S**ingle Mum Frances had 5 children living at home with her, one of the children had health difficulties which meant mum was unable work and was struggling on benefits, she had recently moved to a larger house to give the children their own space, by budgeting and using some furniture from her old house she managed to furnish the house but was unable to provide a carpet for the living room and her own bedroom. GCF stepped in and helped mum to make this house a home.

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**Food banks across Glasgow are struggling with the increasing demand. We are working directly with them to ensure we can provide food vouchers and funding to top up and help those in need of vital supplies.**

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## Food Vouchers and a helping hand

**M**um Janice lives on her own caring for her son who has autism and her adult daughter who was unable to work due to mental health problems, there was no carpet in the bedroom for her son and his bed was also broken. This was making life much more difficult for him and we were able to award a new carpet and bed for his room.

We were asked to provide food vouchers for a family with 4 children during the covid pandemic, dad has lost his job and there were no funds coming into the house whilst they were waiting on

benefits to kick in, GCF provided food vouchers to allow family to have food in the cupboards for a few weeks and ensure the family were eating.



## Putting his life and things back together



**D**avid was in a relationship with a woman who subjected him to domestic abuse, during an episode his partner smashed up the house and left him without basic furniture or clothes.

David's partner was imprisoned and Glasgow Care Foundation, stepped in to provide him with drawers and a wardrobe along with some clothing vouchers. This helped him put things back together again.

## Very isolated, living alone, no children



**T**his 55 year old lady lives alone, having no children, very isolated, suffering from depression, and anxiety, unemployed for 8 years, attending the local garden and allotment project for support.

She has lived at her present tenancy for over 17 years and has never had any flooring, carpets in the flat, the floor boards in the lounge painted with white emulsion.

The room also requiring to be decorated, no finances available to cover this cost,

the Scottish Welfare Fund having refused to offer support. Glasgow Care Foundation was pleased to help.

## Breakup with the children's father

**S**ingle mum Patricia was on her own with 3 small children after a nasty breakup with the children's father, she was in a lot of debt trying to provide for them and when one of the children's bed broke she could not afford to replace this.

We were able to offer a brand new bed along with a new duvet, pillows and bedding.



## Family struggling after their father lost his job



**W**e were asked to help a family struggling as their father has lost his job due to ill health.

He previously had a good salary and was finding it very difficult to adjust to benefits, they had also lost their home and had to move to a smaller property which was very over-crowded for them.

There was no washing machine and they were using a local laundry to ensure the family had clean clothes, we were happy to purchase them a washing machine to try and ease some of the pressure.

We appreciate we are all in unprecedented times just now however if your company would like to make a donation however small to support us in our efforts, we would be very grateful.

DONATE at [www.glasgowcarefoundation.org](http://www.glasgowcarefoundation.org) or email [elaine@glasgowcarefoundation.org](mailto:elaine@glasgowcarefoundation.org) for more information.